

# COUNTY OF ORANGE HEALTH CARE AGENCY

# BEHAVIORAL HEALTH ADVISORY BOARD

Matthew Holzmann CHAIR

Duan Tran Stephen McNally CO-VICE CHAIRS

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Mental Health and Substance Use Disorder System of Care Meetings NOTES

**Wednesday, January 12, 2022** 9:00 a.m. – 10:45 a.m.

Teleconference meeting via Zoom
By Computer:

https://zoom.us/j/99364554212

**By Phone:** +1 301 715 8592 **Meeting ID:** 993-6455-4212

**Members Present:** Karyl Dupee, Matthew Holzmann, Mara James, Steve McNally,

Kristen Pankratz, Courtney Smith, Duan Tran, Frederick Williams

Members Absent: Jim Taylor, Supervisor Katrina Foley, Lauren Deperine, Nita Tewari

## I. Welcome & Introduction

 Meeting began at 9:03 a.m. Members of the Behavioral Health Advisory Board (BHAB) introduced themselves via roll call.

#### **II.** Public Comment

- o None
- O Presentation MHSA Fund Fiscal Update Julia Rinaldi, CEO Budget
  Julia Rinaldi presented an overview of updates on the current projected balance of the
  Mental Health Services Act (MHSA) fund. The updates included a high-level summary of
  the budget followed by a detailed report that showed projected balances by components
  starting with the current Fiscal Year 2021/22 and forecasting Fiscal Year 2023/24. She
  noted that the budgets from the Health Care Agency (HCA) and the CEO differ. She also
  noted that carryover funds will be affected by the MHSA Plan Amendment and updates to

the third year of the current MHSA 3-year plan. She shared that the HCA is currently working on finalizing the MHSA 3-year plan and adjustments will be submitted to the Board for approval. Matt Holzmann noted his concern that the Board of Supervisors Behavioral Health Ad Hoc Committee and the HCA will be recommending the use of CSS and P&I Funds with little community input and that it is not clear how these decisions are made. Julia noted the community-involved process is ongoing, considering feedback from the surveys collected, and from community meetings. Jenny Hudson also shared that the MHSA survey requesting feedback on funding for P&I programs was released for community input at the end of December. Steve McNally questioned the numbers in one document not matching the annual record report submitted to the state on 12/12/21. Julia Rinaldi clarified that the Revenue and Expenditure Report (RER) is being finalized by the HCA and will be completed in January, but that they are not expecting big changes. Steve McNally recommended that it would be helpful to detail and breakdown transactions made by program and requested a copy of the report HCA is preparing for the Board of Supervisors as well as a master calendar of county meetings. Matt Holzmann would also like a report on unspent funds.

- o Matt Holzman introduced Dr. Veronica Kelley, the new Chief of Mental Health and Recovery Services. Dr. Kelley will be taking over for Dr. Jeff Nagel.
- Or. Kelley introduced herself to the Members of the Behavioral Health Advisory Board (BHAB), and shared her experience with behavioral health, both personally and professionally. She shared that she was on the Mental Health Board in 1995 and stated that she would like to bring solid direction to the county and to provide quality care for all who need it. She also noted the role that the BHAB has in advising her and the Board of Supervisors as appointed.

# III. SUDSOC and MHSOC Breakout

**Sessions** Substance Use Disorder System of Care (SUDSOC) Mental Health System of Care (MHSOC)

#### **Output** SUDSOC Breakout Discussion: 10-15 minutes

Discussion began with a discussion of how the Behavioral Health Advisory Board (BHAB) duty is to advise the Board of Supervisors (BOS), yet when the Fentanyl letter was sent to the BOS, there was no response from them. A discussion followed about the availability of Narcan within Orange County. Steve McNally would like to know how much Narcan is coming into the County. Ian Kemmer noted that it is difficult to get an actual number of dosages coming into Orange County but he can provide the number of doses Health Care Agency programs have ordered/received. Matt Holzman suggested directly connecting Narcan's manufacturing company to provide counts of dosages being sent to Orange County and map where the dosage is available. Glenda Aguilar stated that most Orange County providers have gone through the process to be able to provide Narcan to clients as well as client's family, as needed and they are working to expand availability to the county clinics. Outreach and Engagement (O&E) is moving towards distributing Narcan and test strips to those who need them, but it will take time to roll out this effort. Brett O'Brien noted that he

will keep the BHAB apprised of movement in this area and noted that currently there are only about 35 O&E workers in the field, but they are working on increasing staff. He also noted that information will be collected, and outcomes provided on the distribution of these items. Steve McNally suggested that HCA provide a list of providers and the staff who will be ordering the units for both the contracted providers and the O&E program. He would also like a HCA organizational chart and contact list. April Thornton noted that there is a Narcan distribution website for more information. Concerns were noted by Fred Williams who had heard that some people may be more reckless in their opioid use if they have Narcan on hand. It was asked if the county has a relationship with a specific pharmacy for people to obtain Narcan and the answer was no, per Ian Kemmer, but the county plan is for wider distribution of Narcan. When questions came up regarding the availability of Narcan in the schools, Mark Lawrenz noted that ADEPT works with the schools to have them complete the California Health Kids Survey (CHKS) and they could ask Stacy Deeble Reynolds from OCDE for more information about Narcan availability within the schools. He also noted that he could also provide the current Alcohol and Drug Strategic Plan to the BHAB.

Members were interested in gaining more information about harm reduction with these test strips. Per April Thornton, there is some criticism about the strips since they are only so effective and that police consider the strips as paraphernalia.

#### **OMHSOC Breakout Discussion: 10-15 Minutes**

The group focused on the system of care and discussed their priorities with the Orange County system of care. It was mentioned that the BHAB can approve the Community Program Planning Process (CPPP) based on WIC code, as well as to request additional authorities to the Board of Supervisors, if there is something they want to investigate and that the BHAB can focus on this process and create actionable and realistic goals. There was agreement that there should be a focused priority on the MHSA CPPP. There was a discussion that the BOS Ad Hoc Committee is determining funding priorities and the community and BHAB should know the Ad Hoc's recommendations. There was also concern that the courts used to have a representative on the MHSA Steering Committee and now that the Steering Committee is gone, there is no longer input from the courts. It was noted that there should be a peer alliance at every county in the state to bring peer input to the table and that the county needs to improve community outreach and transparency. It was suggested that a calendar of all meetings be available.. It was also mentioned that MHSA money needs to be spent down and investments need to be made into community outreach to double people at these meetings. They brought up previous stakeholder meetings and how powerful those meetings were for the community. It was also mentioned that the Ad Hoc Committee may appreciate being told what the community wants rather than the committee telling the community. Duan noted that he would be in Supervisor Chaffee's office and would bring this up. He also noted that he met with Dr. Veronica Kelly last week. It was noted that there should be a focus on mobile crisis response for every city in Orange County. This would divert mental health workers to crisis response and not law enforcement. This could be done by the end of 2022 and they can look into government dollars coming into Counties for mental health services.

#### IV. Feedback from Breakout Sessions:

The members returned to the main session and shared some of the items and topics that each committee discussed during their breakout sessions.

# V. System of Care Shared Items:

New advocacy issues

Matt Holzmann shared that Chase Wickersham had noted that there is a large discrepancy of the numbers of veterans in Orange County noted by the VA vs the number of veterans in the county. He would like to advocate for an outreach and census funded by MHRS.

Steve McNally noted that the county needs to find out more information about CalAim and focus on LPS conservatorships and the changes at the state level to make sure that Orange County gets it fair share of dollars.

#### VI. Announcement:

- Jason Stentz noted that there will be a Peer Voices of Orange County meeting and shared a flyer in the chat.
- o Karyl Dupee shared that next Wednesday from 2:00 p.m. to 3:30 p.m. there will be an Older Adult meeting and shared this information in the chat.
- Steven Mc Nally asked if the MHRS staff can send out links and flyers that are posted in the chat to attendees.

## VII. Adjournment

- o Meeting ended at 10:37 a.m.
- o The next meeting will be the BHAB Annual Retreat on January 26, 2022.