

COUNTY OF ORANGE  
HEALTH CARE AGENCY  
BEHAVIORAL HEALTH ADVISORY BOARD



Alan Albright  
OC BHAB CHAIR

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**Older Adults Behavioral Health Council**

18 October 2023 / 2:00 – 3:30 p.m.

HCA Training Facility  
750 The City Drive South, Ste #130 / Laguna Room  
Orange, CA 92868

**OR**

Join Zoom Meeting:

<https://psjhealth.zoom.us/j/7204188516>

Meeting ID: 720 418 8516

Dial by your location / +1 669 900 6833

**MEETING AGENDA**

*"Never doubt that a small group of thoughtful, committed citizens can change the world!"  
Margaret Mead, PhD / Anthropologist*

1. **Welcome and Introductions:** Karyl Dupée, Chair
2. **Public Comment:**  
*\*At this time members of the public may address the Chair regarding any item within the subject matter of this board's authority provided that no action is taken on off-agenda items unless authorized by law. Comments shall be limited to three to five (3-5) minutes per person.*
3. **Old Business:**
  - A. 1) Develop next year's Council goals by:
    - a) Reviewing Council suggestions, as to how HCA is addressing the behavioral health needs of specific older adult populations either by ethnicity, language, population type (such as formerly incarcerated older adults, low-income older adults, unhoused, older adult Veterans, etc.) based on information gathered from presentations by agencies currently offering behavioral health services for older adults.
4. **New Business:**
  - A. 1) In order to better ascertain what the actual gaps and needs are in older adult behavioral health services in Orange County, the Council is reviewing existing services and programs currently available by hearing presentations directly from local providers and contractors. This month we will hear from:

- a) MECCA / EISOA (Multi-Ethnic Collaborative Community Agencies / Early Intervention Services for Older Adults) – Rhiannon Doscher, Shelly Ngo, and Mae Alfaddaghi
- b) US Vets – Older adult behavioral health services for veterans – Bryant Powell
- c) CalAIM – Older adult behavioral health services and programs for Medicare and MediCal users – Nicole Garcia
- d) Review revised 2023 Older Adult Behavioral Health Resource Guide

**Adjourn / Next Meeting:** Wednesday, 15 November 2023 / 2:00-3:30 p.m. / Zoom and In-Person

\*You may request supporting documentation distributed to the Behavioral Health Advisory Board as related to the agenda items upon request from Karla Perez, [kperez@ochca.com](mailto:kperez@ochca.com) \*In compliance with the Americans with Disabilities Act, those requiring accommodations for this meeting should notify the Behavioral Health Advisory Board's Administrative Office 72 hours prior to the meeting at (714) 834-5481\*

## Lessons Learned

I've learned that no matter what happens, or how bad it seems today, life does go on, and it will be better tomorrow. I've learned that you can tell a lot about a person by the way he/she handles these three things: a rainy day, lost luggage, and tangled Christmas tree lights. I've learned that regardless of your relationship with your parents, you'll miss them when they're gone from your life. I've learned that making a "living" is not the same thing as making a "life." I've learned that life sometimes gives you a second chance. I've learned that you shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw some things back. I've learned that whenever I decide something with an open heart, I usually make the right decision. I've learned that even when I have pains, I don't have to be one. I've learned that every day you should reach out and touch someone. People love a warm hug, or just a friendly pat on the back. I've learned that I still have a lot to learn. I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

- Maya Angelou